



# WILMINGTON KINDERGARTEN HOT WEATHER POLICY



- The Hot Weather Policy is implemented on days when the forecast temperature for Wilmington is 35 degrees Celsius or higher.
- At Wilmington Kindergarten staff will work to promote children's health and safety during periods of hot weather by implementing the following measures:

## Shade

Activities conducted in periods of hot weather are undertaken in shaded areas. Water play is considered especially appropriate for these days. Outdoor play is scheduled for first thing in the morning on days when the forecast temperature is over 35 degrees.

## Drinks

On days when the forecast temperature exceeds 35 degrees Celsius, children are reminded at morning group time about the importance of drinking water and are frequently offered water throughout the day.

Children are encouraged to bring their own large drink bottles which can be refilled by members of staff.

## Clothing

Parents are encouraged to dress children in clothing that minimises heat gain, in layers that can be easily removed during activity and of a type that is Sunsafe. Staff are aware that preschool children do not always regulate their own clothing needs and will remove layers if the child appears hot.

## Lunch

Parents are encouraged in newsletters at the beginning of Terms 1 and 4 to pack food in insulated containers with a freezer brick or frozen water. Children's lunches are stored in the refrigerator.

Signed: .....

Director  
Wilmington Kindergarten, 2015

Signed: .....

Chairperson  
Governing Council, 2015

Adopted: March 2012

Review Date: March 2016